

Instructor Class Plan

As a quilt shop, offering a class on free-motion quilting will help you capitalize on the last portion of the quilt making process—the quilting! Free-Motion Quilting with Angela Walters is geared toward the beginner-tointermediate machine quilter and covers 28 freemotion quilting designs. Each quilting design has detailed step-by-step illustrations as quilted samples. This project yields a whole cloth quilt for your students to tackle modern quilting designs.

WEB

Quiltingismytherapy.com

Teacher Preparation

Making the sample quilt outlined in the class handout below is a great way to get students interested in your class. Hang the quilt in your shop labeled with class and book information. Feel free to use the cover of the book or the photographs provided on Angela's website http://quiltingismytherapy.com/class-sheet in your e-newsletter or on your website when promoting this class.

The class handout includes several optional ideas. These are great concepts to add in order to extend the length of your class from 3 to 6 or 12 hours. They can also be helpful for you to develop the class into a quilt design class for more advanced quilters.

Project Supplies

- Required text: Free-Motion Quilting with Angela Walters
- Supplemental Project Sheet (included below, shops can photocopy as many as needed as a supplement to the book)
- Notepad and pencil for practicing quilting designs
- 38" square quilt sandwich (Solid fabric is recommended so that students can easily see their quilting in this project)
- Disappearing ink pen or marking tool
- Ruler
- Thread
- Sewing Machine

FEEDBACK

Class Description

Learn several free-motion quilting designs featured in the book *Free-Motion Quilting with Angela Walters*. In this 3-to-12-hour class, students will leave with a modern whole cloth quilt sampler demonstrating several different quilting designs.

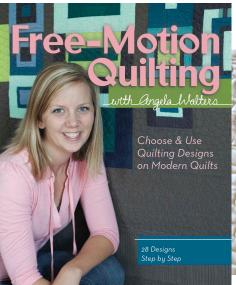
Skill Level

Beginner-to-Intermediate machine quilter, some experience with free-motion helpful

During the Class

- Give a brief overview of the machine quilting process.
- Draw some of the designs on a small chalk or white board to help illustrate the concepts to your class. Mention the tips and tricks listed in the book to help your students.
- 3. Have your students practice! Some students may feel comfortable sketching the designs they are covering in their notebook first. Encourage them to mark their quilt tops if it is more comfortable for them.
- 4. As each student starts quilting the designs illustrated on the supplemental project sheet, give pointers and encouragement as you go!

I love feedback! Tell me what you love and where I can improve with this class sheet. Send me your class creations; I may even feature them on my blog. angelawaltersquilting@gmail.com



Free-Motion Quilting with Angela Walters



Class Handout

Learn several free-motion quilting designs from Free-Motion Quilting with Angela Walters. In this class, you will learn several different modern quilting designs by completing a whole cloth quilt sampler.

Skill Level

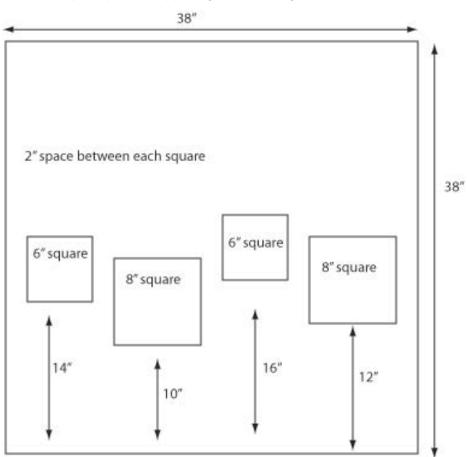
Beginner-to-Intermediate machine quilter, some experience with free-motion helpful

Project Supplies

- Required text: Free-Motion
 Quilting with Angela Walters
- Notepad and pencil for practicing quilting designs
- 38" square quilt sandwich (Solid fabric is recommended so you can easily see your quilting in this project)
- Disappearing ink pen or marking tool
- Ruler
- Thread
- Sewing Machine

Prepare for class

1. Mark your quilt top with disappearing ink or marking tool as outlined below.



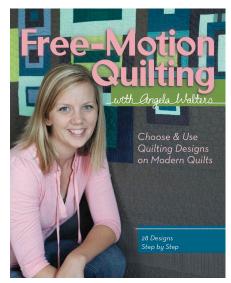
2. Using your favorite basting method, assemble a 40" square quilt sandwich.

Free-Motion Quilting with Angela Walters Class Handout



Optional Ideas

- Feeling confident and creative? Use the designs you like best from the book in the sample boxes rather than the guidelines on this sheet
- Outline your boxes using any of the techniques mentioned on pages 53-59
- When sketching your negative space, consider the ideas listed in pages 108-117.
 Try combining designs or changing the scale.



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Class Instructions

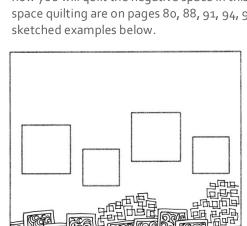
Part 1 - Quilting the Basics

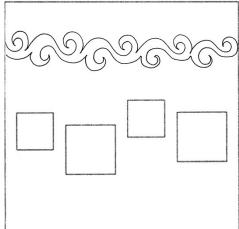
Use the diagram on the right with the pages in the book for directions on quilting each section of the quilt.

- 1. Basic Swirl pages 21-22
- 2. Geometric Allover page 34
- 3. Flower Centered Block page 69
- 4. Mod Clamshell page 73

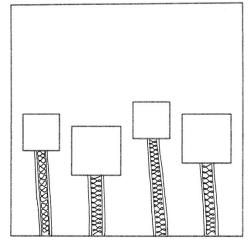
Part 2 — Negative Space

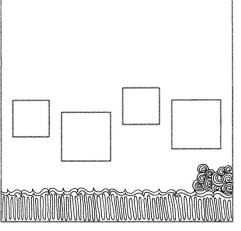
Review pages 97-102 and using the worksheet attached, start to sketch ideas of how you will quilt the negative space in this quilt. Inspiration quilts for negative space quilting are on pages 80, 88, 91, 94, 96, 97, 99, 101, 113, as well as some sketched examples below.





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FEEDBACK

I love feedback! Tell me what you love and where I can improve with this class sheet. Send me your class creations; I may even feature them on my blog. angelawaltersquilting@gmail.com

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Free-Motion Quilting with Angela Walters

Negative Space Worksheet

Feel free to make as many photocopies as you'd like of this page to sketch out multiple ideas.

